



Behold, he cometh with the clouds,  
and every eye shall see him, and they  
also that pierced him. And all the tribes of  
the earth shall bewail themselves because of him.  
Even so. Amen.  
I am Alpha and Omega, the beginning and the end,  
saith the Lord God, who is, and who was,  
and who is to come, the Almighty.

Revelation 1:7–8

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## Turn your trials and hardships into prayer and acts of love: don't become despondent or absorbed in your own world of sorrows

06/06/2016 at 00h30

**Father God, Jesus Christ, Mother Mary**

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### **Jesus Christ**

Thank you, my daughter, for sitting with me, your Jesus Christ, my Father God, the Holy Spirit and my Blessed Mother Mary.

My little one, I, your Jesus, I am here to relay this message for my children to know, to understand that their purification on earth, their trials, tribulations and hardships are for a reason, a purpose in their lives. I don't want to hurt or infilter sufferings in their bodies. The purification on this earth: sometimes it is painful to watch my children's pains, but it has to be in some different cases of their lives. I, your Jesus, I don't let you carry a cross that is too heavy for you to carry. My dear children, do not neglect me, your Jesus Christ, in times of hardship. I am with you. I accompany you every second of the day, but you, my dear ones, you take me away from your daily lives. My children, turn your trials, hardships, into prayers. Don't become despondent. I love you, my children.

My Petal, my Father God, he is here to converse with you.

### **Father God**

My precious people, I, your Father, I am here. I want to convey to you.

Pray, pray for your brothers and sisters in Jesus Christ. Pray for one another. Help one another in times of trials. Give them a helping hand. Show them the love of my Son Jesus Christ through you. When you pray for one another, brothers and sisters in Jesus Christ, you are doing an act of love, charity, towards them in their difficult times, then through that prayer, you are alleviated from your own pains and difficulties. Don't get absorbed in your own world of sorrows – look around you: there are more people in worse situations than yourself or your loved ones. Offer your sufferings, pains, in reparation of my Son Jesus' Sacred Heart and the Immaculate Heart of Mary, the Mother of your Saviour. Pray, don't look for excuses or another way of seeing the right things. Don't let the evil be the cause of the many trials in your life. Don't fall into his trap of lies. Follow your heart into the Sacred Heart of Jesus.

My child, today it was beautiful to see my children coming to my Son's Holy Mass. This month of June has been entrusted, consecrated to the Sacred Heart of Jesus Christ.

I give you my peace, my peace I give you, your loved ones and all my people. Amen.

[Fernanda] *Thank you, my Father. I love you. Sua bênção*<sup>1</sup>.

### **Jesus Christ**

My child, my Beloved Mother is here to converse with you.

### **Mother Mary**

My little Andorinha<sup>2</sup>, I, your Mother, I thank you for the lovely Mass tonight, celebrating the end of this Life in the Spirit Seminar. Oh, today you attended two Holy Masses. Yes, this needs to pass on to my youth to grow, to become the men [and women] of the future Church. My youth have to continue this task of bringing them to my Church. Some of them are like lost sheep looking for their shepherd in the wrong place. I was very pleased to see all my children at this Life in the Spirit Seminar.

My child, do not worry how to defend yourself. My Son Jesus is your true defender – he is your shield. One day in eternal life, you will understand the meaning of being persecuted. Remember, before my people judged you, they did it to my Son Jesus Christ. He was innocent of all the false accusations, persecutions, yet he never defended himself.

Today you went to the Feast of the Sacred Heart of Jesus. I thank you for going there. See, my child, this time when you went, you felt the peace, love, more deeply and soon, all the darkness, negativity and false accusations [will be] out of your [way]. My children they will see with their own eyes that your name will be clear.

I, your Mother, I bless you, your loved ones and all my children. Thank you for responding to my call. Amen.

[Fernanda] *Thank you, my Mother. I love you. Sua bênção*<sup>3</sup>. *My Holy Trinity, sua bênção. Angels, saints, archangels of heaven, my patron saints, my guardian angel Filipe, sua bênção.* ♥♥♥♥xxxx *Beijinhos*<sup>4</sup>.

### **Jesus Christ**

Thank you, my child. I, your Jesus, I bless you with my peace, my peace I give you your loved ones and all my children. Amen.

♥ Our heart from heaven. Amen.

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<sup>1</sup> Portuguese to English translation: Your blessing

<sup>2</sup> Portuguese to English translation: Swallow

<sup>3</sup> Portuguese to English translation: Your blessing

<sup>4</sup> Portuguese to English translation: Kisses